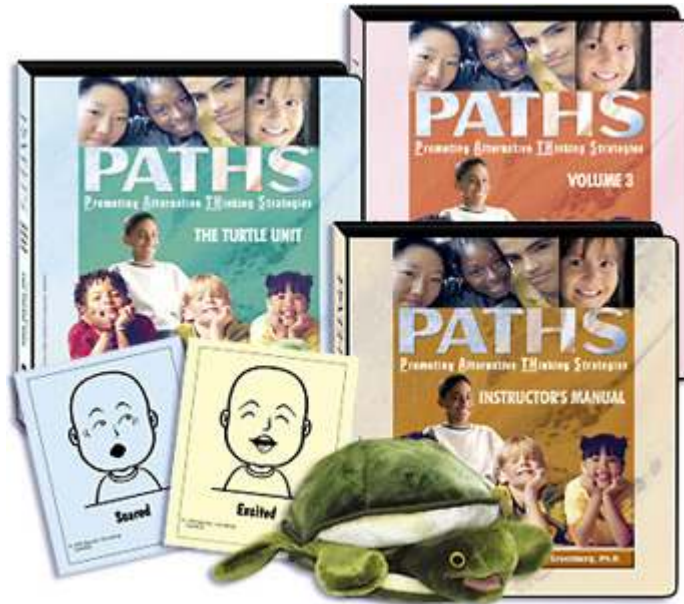


PATHS® (Promoting Alternative THinking Strategies)

A social and emotional learning program for children in grades K-6



Channing Bete Company brings you the research-based and proven-effective **PATHS** program, a violence-prevention curriculum that promotes social and emotional learning (SEL), character development, and bullying prevention, and builds the problem-solving abilities and other life skills required for positive relationships today -- and throughout students' lives.

- It's flexible -- the **PATHS** program integrates into any K-6 school curriculum.
- It's easy to implement -- Instructor's Manuals and Curriculum Manuals guide teachers every step of the way.
- **PATHS** works!

Even when children know what to do when conflicts arise, getting them to follow through in the heat of the moment can be a challenge. But the **PATHS** program, grounded in brain development research, helps turn knowledge into action. Clinical studies* have found the **PATHS** program to significantly:

- reduce teachers' reports of students exhibiting aggressive behavior
- increase teachers' reports of students exhibiting self-control
- improve students' ability to tolerate frustration plus their ability -- and willingness - - to use effective conflict-resolution strategies
- decrease conduct problems and the percentage of aggressive/violent solutions to social problems.

PATHS® Results and Recognition

The PATHS® program is grounded in the science of children's brain development, which has determined that children experience and react to strong emotions before developing the cognitive abilities to verbalize them. The PATHS program's practical, effective strategies teach children how to label their feelings and apply self-control strategies, leading to significant improvements in coping skills, classroom behavior, and verbal fluency.

Program Results

In rigorous clinical studies,* the PATHS program has been shown to:

- reduce teachers' reports of students exhibiting aggressive behavior by 32%
- increase teachers' reports of students exhibiting self-control by 36%
- increase students' vocabulary for emotions by 68%
- increase students' scores on cognitive skills tests by 20%
- significantly improve students' ability to tolerate frustration plus their ability -- and willingness -- to use effective conflict-resolution strategies
- significantly decrease conduct problems and the percentage of aggressive/violent solutions to social problems.

*at one- or two-year follow-up, compared to matched-comparison children

Recognition

NATIONALLY RECOGNIZED:

- **Model Program
highest possible rating**
Substance Abuse and Mental Health Services Administration (SAMHSA)
The PATHS program is one of only 12 SAMHSA Model Programs that have documented Academic Achievement outcomes -- and is one of only two programs designed for children ages 5-12.
- **Perfect score -- program materials**
SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP)
The PATHS program has once again been recognized by SAMHSA using its rigorous new NREPP evaluation process.
- **Near perfect score -- dissemination**
3.6 points out of 4 in SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP)
- **Model Program
highest possible rating**
Blueprints Project for the Center for the Study and Prevention of Violence, University of

Colorado

The **PATHS** program is the only violence-prevention curriculum for elementary-age children to achieve this rating.

- **Select Program**
highest possible rating
Collaborative for Academic, Social, and Emotional Learning (CASEL)
- **Best Practices Program**
Centers for Disease Control and Prevention (CDC)
- **Promising Program**
U.S. Dept. of Education, Safe and Drug-Free Schools Program's Expert Panel
- **Promising Program**
U.S. Surgeon General's Report on Youth Violence

The **PATHS** program has also been recognized for its effectiveness by the National Institute on Drug Abuse and the Office of Juvenile Justice and Delinquency Prevention.